January Minutes 2024

Saturday January 13, 2024

Call to Order: Tammy 12 traditions: Lenore 12 Concepts: Violet

JFT: Jackie

Roll call of Trusted Servants: (those present)

Chairperson
Vice-Chairperson
Regional Delegate

Regional Delegate Alternate

Secretary
Vice Secretary
Treasurer

Vice Treasurer

Outreach Chair

Policy Coordinator

Webmaster

12 Traditions Retreat Chair

OCNA Advisory Committee #1 #2 #3

Roll Call of Regional Committee Members: (those present)

BLASCNA

COASCNA

DASCNA

FRASCNA

GCASCNA

HAMASCNA

KORASCNA

MEASCNA

.

MOASCNA

MVASCNA

SASCNA STACSNA

SVACSNA (New Scioto Valley Area)

Administrative Reports

Chair report:

Hey family, I need to address the chaos that was the last meeting. I take full responsibility as it is the chairs job to run an efficient and productive meeting. There were some things that contributed to my inability to lead this group. However I cannot make excuses. The bottom line is, I wasn't sufficiently prepared and came in like a dictator instead of a servant. I ask for your forgiveness. Your understanding and patience as I learn how to better serve this committee.

II S

Tammy S ORSCNA Chair

Vice Chair report:

No written report

RD report:

Hello family and happy new year.

Last quarter our region was in support of members interested in the Multi-Zonal Service Symposium (MZSS) and funded two rooms for any members in participation. The good news is, four members did take advantage of the opportunity. The bad news is, three members never showed to experience such event.

What is the MZSS one may ask.

"The Multi-Zonal Service Symposium offers an opportunity for the exchange of experience, strength, and hope between members of NA service. This event, with its broad diversity of our Fellowship, fosters the magic of service that happens when members gather from greater distances to share best practices in serving the suffering addict and fulfilling our primary purpose.

Through NA zones working together in a spirit of unity and cooperation to support the groups in carrying our message of recovery, the symposium's purpose is to inspire and instill in participants the joy of service by mentoring and learning collaboration".

Collaboration of US Zones Vision and Purpose Statement

The attached Vision and Purpose Statement resulted from discussions over several months that included representatives from all eight US Zonal Forums. As the cover letter of that document states, this collaborative is an attempt to become a central hub to collect service requests and act as a portal to communicate with the associated local community. The Vision Statement expresses the intention of coordinating with local service bodies to support local NA communities with training, mentoring, and fulfilling assistance requests.

As a result of experiencing the MZSS one member shared:

I am really grateful to the Ohio Region for providing a hotel room so I could go to this event. It was, as usual, a great experience for learning more about how to best serve our fellowship. It was hard to decide which workshops to go to and I'm sorry I missed some of them. I'm looking forward to seeing information from the workshops I missed once it becomes available.

The workshops I attended, which are just a few of all that was presented are:

- 1. Policies and Guidelines: Helpful, or an Outdated Hinderance?
- 2. H & I Basics in a Virtual World
- 3. Gathering a CAR/CAT Conscience
- 4. Trusted servant recruitment, training/onboarding/mentorship
- 5. PR: Presenting & Cooperating with Law Enforcement

And we don't want to leave this one out

Disruptive & Violent Behavior which is a Service Pamphlet written in 2007 and like a phoenix has arisen as an Issue Discussion Topic or IDT at the 2023 conference.

This topic, at its heart, is about our ability as a Fellowship to carry the message –

- If professionals hear negative things about NA, they will stop referring clients to us
- If new members do not feel safe, they won't stay

Now let's talk money.

\$1,150 - Fund RD/RDA team to MZSS with 2 additional rooms

\$924.60 – Hilton Hotel \$70 – Registration \$90.54 – Meals \$72.37 – Fuel

\$7.51 – Return to ORSCNA

MRSLD

Last quarter it was reported that the Multi-Regional Service-Learning Days is having problems getting started and committee is not showing up. Minnesota does not have regional input. It was suggested that smaller events would be a better path to success. Looking to give 3 months to see if things should move forward. Put decision off until next meetings in November. Does not have the sufficient resources (people) to continue. Take back to regions the struggle and see if willingness can be stirred. Because of no trusted servants support, this event has been put on the back burner.

MZF

The next MZF meeting will be in January 26, 27, & 28. This will be an in-person event in Fond Du Lac, Wisconsin. Radisson Hotel @ \$109 a night. My alternate will not be able.

World Board

Hello conference participant,

We have posted the results of the planning inventory (environmental scan) survey to the top of the conference page: www.na.org/conference. We will be discussing the prioritized items at the upcoming zonal planning sessions. Those factors are:

External Factors

Evolution of technology (pros and cons) Harm reduction models or approach

Internal Factors

Development and organization of trusted servants
Impact of the rise of virtual NA
Sense of safety, welcomeness, and inclusion
Redundancy and lack of cohesion in the service system
See the posted results on the top of the conference page for more information.

Before your zonal planning sessions, we are asking you to think about how these factors impact your zone and how they affect our ability to carry the message.

We will talk about this more at the 20 January CP webinar, which will be 11am-12:30pm, Pacific Standard Time

So as you can see, duty is always calling.

ILS Marvin H RD Ohio

Secretary Report:

Day 2 A redress was brought to region by a member. After lengthy discussion, decision to move forward was made. Contact information for area members will no longer be available in minutes. This information must be found on each area's website or by email to the area.

Vice Secretary Report:

Thank you for allowing me to be of service. I am still learning as we go. I have taken information from recent region and updated files.

Violet B.

Treasurer Report:

SEE ATTACHED PDF file - the PDF was a scan of his report and we couldn't cut & paste into the minutes.

RCM Reports

BLASCNA Report:

Hello family, my name is Tom, and I am an addict. Currently the RCM for the BLASCNA area. The BLASCNA area is doing well and surviving on group 7th Tradition donations. We currently have 27 meetings in Lucas County and 2 in Fulton County. We usually have 8 to 12 groups represented at our monthly ASC meeting. I did go out to the Sunday 6pm meeting that started last September in Montpelier OH last week and it was dark. Elections for my position and various subcommittee chairs are to be held next month. We purchase monthly about \$600 to \$1100 worth of literature from either the Michigan Regional Service Office or NAWS. We continue to do 7 H&I panels every week. We have no Public Relations or Outreach Subcommittees. The area just started up an area Activities Subcommittee and they should start having events after our convention next month. Our TACNA 25, the Toledo Area Convention is ready to start on the first weekend in February in downtown Toledo. I have brought some TACNA 25 registration flyers. I have also brought a donation of \$300.00 to the region.

In Loving Service Tom B. BLASCNA RCM

COASCNA Report:

COASCNA is presently searching for a RCM and RCM ALT. Our area consists of Delaware, Franklin, Madison and Union Counties. Our area presently has 46 groups, 67 meetings with 2 zoom and 1 hybrid. Our H&I committee is serving 4 jails, 4 prisons and 10 detox and treatment centers. At our last area meeting only 18 groups were represented. In the last 3 months 2 groups have been started and none folded.

We have an area office that sells literature and maintains our phone lines. As well as distributes the correspondence of our writing steps for recovery subcommittee, which is instrumental to maintain anonymity of our step writers. We purchase our literature from Wisconsin and NAWS.

Like you we struggle to find trusted servants. We currently need RCM, RCMALT, Vice Treasurer, Vice Secretary, Area Chair, and Newsletter Chair. The group are also in need of trusted servants. We have dissolved the activities committee and rely on the people or groups to step up to host area events. We have a website that provides a lot of information and guides people to our Region and NAWS. Our WSR committee needs more step writers and are in the process of adding woman facilities. If you are interested in being a step writer, go to NACENTRALOHIO.ORG pull down the WSR subcommittee and fill out the application.

Our area meets on the third Sunday of the month at Lower Lights Church, 1066 Bellows Ave, We had three highly successful events. Addithon, New Year Eve Game Night and our Convention. Our outreach committee is putting together a GSR workshop that teaches about the fellowship and different ways to serve.

We are attending meetings that are not represented in the Area to teach about the service opportunities available. There is also the problem of separation in our area. Most Meetings are held either in the inner city or the far east side. Everyone is welcome at any meeting, but few people attend both. If one side puts on an event the other may not hear about it. We did steal the flag in the past and that helped. The biggest issue we have is having meetings in the outlying counties. As it stands, we are meeting in Columbus and surrounding suburb.

ILS

Tammy S.

DASCNA Report:

Hello Family Addict named Gary B, our geographical areas are Montgomery and Greene Counties. We currently have 45 group meetings and 5 H&I panels. At our last area meeting 12 groups were represented with 20 members present. In the past 3 months no meetings folded and 4 new GSR came to area meetings. Our literature office is located at 1124 Germantown St, Dayton, OH, 45417. The office hours are every Wednesday from 4:30 PM to 6:30 PM or before or after meetings at the location. We are currently working on filling positions and nominations for open positions this month. Our next area meeting is January 21st at 138 W 1st St, Dayton, OH, 45402 and the time is 3:00 PM. Our next area activity is Convention Fundraiser Saturday February 17th at 12 PM till 9 PM at 3721 Siebenthaler Avenue Dayton OH 45406. We have a donation of 250.00 this quarter.

In Loving service Gary B.

FRASCNA Report:

I want to address the service body in old business regarding recent events at Region. If you choose not to let me bring this up, I expect it to be in the minutes as part of my report.

Thank you, Martha B. Five Rivers Area of NA RCM

GCASCNA Report:

Our Regional Committee Member Team

Regional Committee Member (RCM) – Glenn C, 513-509-3070 Regional Committee Member, Alternate (RCMA) – Andre B, 513-254-1287

About The Greater Cincinnati Area Service Committee of Narcotics Anonymous

GREATER CINCINNATI AREA SERVICE COMMITTEE meets at 2 p.m. the Third Sunday of each month- except June - Fourth Sunday. Our meeting location is at -Montana Avenue Church of The Nazarene, 2559 Montana Ave., Cincinnati, Ohio 45211

The geographic area served by the Greater Cincinnati Area Service Committee is primarily Hamilton County. We also serve Clermont, Brown, Butler, and Warren counties. **Our area presently has 67 groups and 90 meetings.**

Our current meeting schedules are located at http://www.nacincinnati.com/index.php/meetings
Our service committees can be located at https://nacincinnati.com/index.php/service-committees
And, Greater Cincinnati Area Hope Line is- 513-820-2947

UPCOMING EVENTS

GCASCNA will be hosting the next Regional Meeting: Details are forthcoming.

• Planning for the Greater Cincinnati Area Convention of Narcotics Anonymous XXV's is underway. The Convention will be held November 29 thru December 1, 2024. The convention's theme is "From Desperation to Passion". We look forward to your participation. Stay tuned for more to come! Visit www.nacincinnati.com for more information.

Innovations and Challenges

Our Area Chair has proposed that our area conduct **an "Area Inventory**" to determine how we can better serve the Area. A questionnaire has been created and may be sent back to groups for comment.

Additionally, numerous **Area Policy Sections need to be revised** to address needed cost increases. The most recent revision date is August 21, 2016.

We previously reported that our Area received verbal reports that a disgruntled former member of NA was stalking current NA members to possibly do bodily harm. Area members voiced their concerns and a group consensus was reached., All GSRs were instructed to inform all meeting attendees to promptly notify the authorities, should said person appear. The member has appeared at several meetings and members have begun dialogue with the him. His desire is to stop using is present. Hence the requirements for membership have been reestablished. He attends entire meetings.

The GCASCNA (Greater Cincinnati Area Service Committee of NA) consists of NA members working together to serve the Fellowship of NA in the Cincinnati Area, but not to act as an authority over the Area. In accordance with the 9th Tradition of Narcotics Anonymous, the GCASCNA is directly responsible to those that they serve and shall be respectful of the 12 Traditions of Narcotics Anonymous in all of its affairs and matters of business. Keeping the interest of the NA fellowship in the Cincinnati area and around the world ever at heart shall be yet another of our main concerns.

HAMASCNA Report:

No report submitted

KORASCNA Report:

No report submitted

MEASCNA Report:

Hello family my name is Angel M. I am a grateful recovering addict. I am honored to be of service to the ORSCNA and MEASCNA areas.

MEASCNA regional committee member team consists of myself as the RCM. The RCMA position is currently open.

RCM

email: angelbaby88612@gmail.com

Phone # 740-403-6507

About the MEASCNA Area

The geographic area served by MEASCNA is licking Muskingum, Fairfield Guernsey, Coshocton Perry, Athens, and Knox counties. Our area presently has 28 groups and 37 meetings weekly.

We have 3 H&I commitments currently with the newest commitment occurring at Hickory behavioral health in Cambridge; which is a dual diagnosis facility .

Our monthly area service meeting is held at the faith United Methodist Church at 216 East Main St. in Newark Ohio at 6:30 PM on the first Monday of every month.

Average group representation attendance at area meetings ranges from 15 to 20 GSR's. There has been 1 new group formed in the A new Concord Ohio called the JT meeting and several other groups have added meetings to their schedules. An updated meeting list can be found at https://meascna.naohio.org/meetings.html Please visit our website to view upcoming events in our area.

Donations and Expenses

The MEASCNA treasury balance at the end of December 2023 is \$9063.95 The total of group donations made to MEASCNA in 2023 was \$2192.00

The literature balance at the end of December 2023 was \$2715.95

The Activities committee has a balance of \$2003.69 at the end of 2023

A monetary donation of in the form of a check will be mailed to the Ohio region. The amount at this time is undetermined.

Current open positions in our area are RCM alternate, activities vice chair.

Motion returned to ORSCNA

Collectively, our area voted to elect Adam DiMarco to the position of OCNA chair in 2025.

Innovations and Challenges

H&I is growing and there is more interest from our groups and individuals to be involved in service. Pamphlet holders and meeting schedules have been delivered to several facilities, including jails and institutions.

OUTREACH continues to visit various meetings in the area. Meetings that have been identified as needing experience and help have received visits from members across our area. Unity is growing and enthusiasm for sharing the message is measurable. Newcomers are getting more involved in service, and therefore staying in the fellowship.

ACTIVITIES committee hosted our annual Holiday Function in December. The profit from the holiday event was \$271.

Some of the newer groups have had some struggles, but our outreach has been phenomenal, and the support that the groups have been given from some experienced members of other groups has been remarkable. It is without a doubt that the newer groups will flourish as well. Our area is truly blessed and strong.

In fact, there has been a new interest from the Hillsboro Ohio area from an addict called Joe B who plans on being at the regional meeting this weekend. Please welcome him to our regional meeting. It is my understanding that they will be joining the regional meeting with the intent of forming a new area.

Overall our area is doing very well financially, and more importantly, within the strength and unity of our fellowship.

I am truly blessed and grateful to be a recovering addict serving the area in which I live! Gratefully yours, Angel M

MOASCNA Report:

Regional Committee Member - Alternate (RCMA) - Kristan S 740-692-6795

About The MOASCNA Area

The geographic area served by the MOASCNA Area is Marion, Tiffin, Bucyrus & Fostoria. Our area presently has 11 groups, 11 meetings, and 1 H&I panels.

At our last Area Service Committee meeting, 3 groups were present.

In the past three months, 0 new groups have been started in our Area:

In the past three months, 0 groups have folded.

MVASCNA Report:

Miami, Darke and Shelby Counties

About 30 Meetings in our Area.

Regional donation of \$328.90

We have a few open positions.

Vice Chair, RCM and RCMA

Vice H&I

Vice Literature

Our next activity we will be holding an OCNA Fundraiser usually held in the Spring more will be revealed.

Thanks for letting me serve. We have one H and I commitment for. But we are working on another jail.

Public Relations did send out a survey to our groups asking are to be returned our area could serve the better. Surveys are to be returned our next area meeting next Sunday.

Our area guidelines were passed out at last area. A ADHOC community is being formed in February to go over and revise the guidelines.

PUASCNA Report:

Hello Family, addict called Nichole,

The Phoenix United Area has been doing well! We have been seeing a lot of newcomers in our meetings and our attendance has been rising in our meetings, so we are extremely happy about that! We have also been having a lot of newcomers who have stepped up willing to be of service, so this has been a blessing in itself, (granted this has only been at the group level), but this is the beginning of a new chapter for our area that we are able to teach them how to be of service and serve the addicts that are still sick and suffering!

Our "Gifts of the Program Night" was held on December 9th, 2023 and was a success! We had many newcomers of service for the first time, so that was amazing to witness and be a part of. We had a blast and a lot of fun that night and are looking forward to many more events with these wonderful recovering addicts in the program! Our Activities Committee met on 12/16/23 for our next event, our Speaker Jam, which will be taking place in the spring of this year. We plan to have it on Saturday April 20 th , 2024. This is usually our biggest event, so we are excited! We plan to have t-shirts for sale, merch for sale, 50/50 raffle, an auction, many speakers (including a main speaker in the evening), spaghetti and chili dinner, and much more! We are hoping for your support for this event so please feel free to join us and come on down! We would love to have you there with us!

Our PR/H&I chair has been working very hard on getting literature into the jail here in Logan County and has been successful in getting the "Introduction to NA" booklets which contain a bunch of NA pamphlets, including many of the readings that we share in NA meetings. We felt that this was a great starter for the inmates to get introduced to the fellowship of Narcotics Anonymous and literature. They are affordable to reasonable. We have also purchased the "White Books" with no staples to be distributed in the jails as well. Our PR chairperson has been distributing flyers across town as well to local counseling offices, P.O. offices, the courthouses, etc., to get the word out that NA is here to help addicts in need. They have held committee meetings; however, members have not shown up in attendance for these meetings. Recently there have been newcomers who have been willing to be of service to distribute flyers to local facilities as well, so we have pointed them into the direction of our PR/H&I chairperson to assist them in this process.

Our area service committee has been doing well itself in committing to helping the addicts still sick and suffering and assisting our groups in any struggles that they may be having. We have all of our positions filled besides Secretary, Vice Chairperson, and RCM Alternate.

Thank you for allowing me to be of service. I love you all! In loving service,
Nichole K.
PUASCNA RCM

SBASCNA Report:

Sandusky Bay Area: we currently serve the Erie, Huron, Wayne, Ottawa & Sandusky areas. Our Area meets in Norwalk at First Baptist Church at 4:30PM 1st Sunday. We currently have 12 groups with 14 meetings per week.

Upcoming Activities: posted to our local website www.sbascna.naohio.org and Ohio Region Website:

April 13,2024 Speaker Jam at Courage to Change Group of NA

Subcommittee Activity:

PR Report First half of policy finalized. Add Rigel-Push BMLT App.na.org will longer be updating the schedules. Rob is reaching out to local institutions to see about posting our area schedules.

Literature: Lynne turned in \$233.80 in literature sales.

H&I Juan O absent. Still collecting information on getting into nearby institutions.

Activities: \$498 collected at New Year's Eve event. \$180 was donated to Ohio, Convention. 49 people in attendance. Donation to Region: Sent \$150.00 sent to the Ohio Regional

STACSNA Report:

Good morning. STACSNA is the Stark, Tuscarawas & Description of Stark, Tuscarawas & De

We did receive minutes from the October ORSCNA meeting. Many thanks to the secretary for following up on that.

We have a few open positions at the area level. We currently do not have an area Vice-Chair, PR Chair, or RCM-Alt.

We have some ongoing challenges and some progress to report. We lost another meeting this cycle – one of the older meetings in Ohio. The Wednesday Morning Survivors meeting in Canton has folded, after approximately 38 years in the same location. The continuing loss of meetings in our area can be directly attributed to unspiritual behavior of a group of members. We have other meetings that are absolutely thriving. Our recently-elected H&I chair has made moderate progress. We have one virtual H&I presentation at a men's correctional facility, and one in-person presentation at a men's treatment center.

We recently voted to purchase a laptop and microphone to better facilitate our hybrid area service meeting. We will put the new equipment to use for the first time this weekend.

We voted to donate \$250 to ORSCNA this cycle. Our treasurer should have sent that to the PO Box.

We were very disappointed in the October ORSCNA meeting. When a service body elects a trusted servant, being fully aware that they lack experience in a position, and then attacks them for that lack of experience, it is nothing short of cruel. Additionally, members routinely speak over top of the Policy chair. STACSNA has discussed this and taken a group conscience. The STACSNA area is requesting the intervention of the Regional chair. Our feedback and direction is as follows: If anyone other than the Policy chair starts responding to questions about Regional policy, that person should be asked to refrain. Questions about Regional policy should be answered by the Regional Policy chair – NO ONE ELSE. If there is additional discussion to be held, then – and only then – may other members share their experience.

And yes, we do have a right to do this. There appears to be some confusion with this body about who serves whom. The elected members of the Ohio Region are directly responsible to the member Areas of our Region. As a member of the Ohio Region, this is what we are requesting from the Regional servants.

A list of our trusted servants has been sent separately.

In Loving Service, Jo D, RCM

SVASCNA Report:

Hello, Family addict named Sean

Meetings:

We are pleased to announce that we now have 12 meetings serving Ross, Pike, and Jackson counties. These meetings are vital in carrying the message of recovery to those who still suffer. Our area meeting takes place at 291 S. Paint St. in Chillicothe, Ohio, every 4th Sunday of the month. All meetings are conducted in accordance with the NA traditions, fostering an atmosphere of recovery, unity, and support.

H&I:

Our H&I efforts have expanded, and we are now reaching out to Hope Valley Recovery to share the message of hope with individuals within the facility. This outreach aligns with our commitment to carrying the message to those who are not able to attend traditional NA meetings.

Activities Committee:

The Activities Committee is actively planning for the upcoming one-year anniversary of becoming an area. Save the date for the celebration on April 20th. While the flyer is not yet available, the committee is working diligently to ensure a memorable and meaningful event. We are excited about this milestone and look forward to celebrating in unity.

Website and PO box

The area is in the process of establishing a website to enhance communication and accessibility for members. Additionally, a PO mailing address will be available soon.

Unity and Decision Making:

As we work together in unity, we trust that a higher power guides us in every decision. Our commitment to the principles of Narcotics Anonymous remains steadfast, and we are grateful for the collective effort of our members in carrying the message of recovery.

Thank you for your continued support, and we look forward to furthering our common purpose in the spirit of unity.

In Loving Service Sean. C Contact information SVASCofNA@gamil.com

SOVASCNA Report:

New Area represented – Southern Ohio Valley Area Service Committee of Narcotics Anonymous (Joe B. present)

Subcommittee Reports

H&I Report:

Hello all,

I have been gathering contact information for the H&I Chairs throughout the region and would like to set up a meeting this weekend.

We will meet at 5:30pm (1-13-24) on the Regional Zoom Link.

This will be a "get to know you meeting" and I would like for each chair to introduce themselves, share what's going well, what is one concern or something you would like to bring to the group for feedback or ideas. We will also share announcements of upcoming events in our areas, and finally pick a time to meet before the next Regional Meeting.

I live in the Central Ohio Area and our predecessors have a lot of experience with H&I that we feel we can share with other areas - especially newer or smaller areas.

To the RCMs whose reports I missed when I couldn't get logged on to the zoom, please email me the name of your area's H&I Chairperson and email/ phone number - if available.

Thank you, and I am here to learn and grow so please guide me. Emily T 937-266-8383

Outreach Report:

Good morning family I'm an addict named Matthew S. It has been a really great quarter for this addict, recovery going good I have good Sponsee, which keep me in line. Work is a blessing. We have been very fortunate to be able to travel and meet up with many other areas.

I'm grateful for our region to grow and help the suffering addicts. I wanna welcome the newly formed area to the Ohio region. Please feel free to contact me via email Outreach@naohio.org phone at 740-814-8186.

We have visited Scioto, Greater Cincinnati, Cleveland, and reached out many other areas! We are planning to visit Toledo convention.

Thanks for allowing me to be of service. It's an honor and a privilege.

Loving Service Mattie

Phoneline Report:

No report received

Public Relations Report:

Position is vacant

Webmaster:

Hello ORSCNA family,

As I mention in October, I'm in Phoenix for the winter. I wish I could say it was 80 degrees and sunny, but it has been cold for the last week and it's only 60 degrees and sunny!! I hope everyone had a wonderful holiday season.

Here are some of the things that were completed over the last quarter:

- 1. I shut the Fall Retreat website down a few weeks after the Fall Retreat.
- 2. The Spring Retreat committee requested that I get the online registration website set up so I did that and added the flyer to the website with a link to the registration site. You can register at https://springretreat.naohio.org/. I updated the PayPal payments plugin so the registration site now accepts PayPal, Venmo or any credit card payments. All payments are then linked to the committee's PayPal account and then to their bank account. The current Spring Retreat Treasurer, Ryan A., was awesome in helping me set up some of the details.
- 3. NAWS has continued to pull our BMLT data directly several times since last quarter. They compare their data to ours and have sent us several update files that I import into our BMLT database to keep things in sync. They are doing this for both the Ohio and Buckeye regions.
- 4. If you haven't heard, NAWS is discontinuing their meeting search web page and phone app. They have developed a new process which will search for area, regional and zonal websites depending upon your location and allow the user to click on links to those websites. On 11/11/23 they had a NAWS virtual meeting which I attended to display the test website and describe the new process. I have provided NAWS with the necessary information for the 26 areas and regions in Ohio which are contained in the Ohio Region's BMLT server. They didn't provide an exact time frame for when the new "Meeting Finder" site would go live, but you can check out the test version at https://na.org/phoneweb/.
- 5. I still need to follow up with getting the new regional trusted servants using the email addresses that I set up.
- 6. I emailed the Host Gator invoices to Sam.
- 7. As always, lots of flyer updates and other requests for changes to the website.
- 8. I have put together the website statistics for the NAOhio website, the BMLT website, and both of the Retreat websites. They will be included with the minutes. Since I'm not there to pass around the website statistics like I normally to, I want to report that we had 12,444 webpage hits this last quarter and the total webpage hits for 2023 was 53,189 that's over 100 hits every week!!

If anyone has any flyers or meeting updates, sees any issues with the websites, or has any requests to add/change/remove content, please email webmaster@naohio.org.

Thank you so much for allowing me to serve.

In loving service, Mark R. ORSCNA Webmaster

2023 Fall 12-Step Retreat:

SEE ATTACHED Excel file for the financial report.

Hello NA Family!

Please find below Ohio Region Fall 12 Step Retreat report:

I am happy to report that the 35th Annual 12 Step Retreat at Tar Hollow State Park was a wonderful success, chock-full of inspiring speakers, workshops and yummy meals! As is usual, weather does affect attendance of this retreat but never dampens the spirit of the event! Without researching past attendance numbers, I would surmise that attendance was down a bit as we had approximately 259 addicts register for the event. Of course there were those that didn't register and we can't wholly account for those addicts.

I really can't get too far into this report without first talking about the 12 Step Retreat Committee. This committee is something special! The super effective commitment, time, care, and Desire to serve is just a start in trying to describe these individuals and the dedication and work that they put into the retreat. I was truly blessed that they allowed me to simply be a "part of" - thank you all! (and thank you Mark for always going above and beyond!).

Financials: A high view spreadsheet of our financials is being submitted with this report. We had an opening balance of \$2,674.11 and a closing balance of \$3,056.33 which is after check #3016 cleared for the \$558.43 deposit to Tar Hollow/ODNA for the Fall 2024 Retreat. All outstanding debits/expenses have been paid.

Meals: As reported previously, we were pushed to take alternate paths to manage the kitchen and provide meals for the retreat. Here again, the 12 Step Committee stepped up to fill the vacancy of the missing "Kitchen Chair". I believe the shift to a Kitchen Committee having individual "Meal Chairs" who were responsible for a single meal with the Kitchen Chair providing overall support for each of the "Meal Chairs" was not only successful but possibly a business model that may be used for future retreats.

Merchandise: Merchandise has been one of the top two expenditures along with kitchen/meals. The net/net is that we ended up with a surplus of merchandise left over after the retreat which of course works against our profit margin. In my thinking, the weather would have perpetuated strong sales but the economy had a stronger effect on sales. A number of us met after the retreat wrapped up (same day) and discussed how we could better control commitment, expenses, and costs around merchandise. I believe that the plan for 2024 is to offer a "Pre-Order" of Merchandise along with our online registration with the hopes of having less commitment on bottom line merchandise costs.

7th Tradition: As the retreat was in process the committee focussed on communicating the needs and outcomes of the event. Prior to the main speaker on Saturday night we agreed that we should "Pass the basket". This uncommon (?) request for donations to assure the event met our financial obligations resulted in a \$975.90 donation which indeed had a positive impact and allowed us to more or less break even. There is no plan to make a Regional donation at this time as the closing balance is at/within the prudent reserve balance.

Audit: Lastly, between holidays and covid we have not yet completed the official audit. I/we have done a cursory audit and have kept current record of financials along the way. I will reach out to the group responsible for conducting this audit and will get this completed and submitted prior to next RSC meeting.

In loving service! Gerry O.

2024 Fall 12-Step Retreat:

Hello ORSCNA family,

The Fall 12-Step Retreat committee for 2024 (the 36th annual event) is starting to get organized. As usual, many of the current trusted servants plan to continue serving in their positions, but there are a few who will be trying out a different position and there are also several new people who want to serve on the committee. I will be finalizing the committee members in the next couple months as well as organizing the committee meetings for this year.

The dates for this year's Fall Retreat are 10/11/24 to 10/13/24 so go ahead and put them in your calendars.

The new contract for this year was sent to me by Kim Hillman. I signed it and returned it with the deposit of \$558.43. The deposit is officially on last year's books. As Gerry reported, the 2024 Fall Retreat will be starting with a balance of \$3,056.33. We have the left over merchandise that we will be trying to sell off before the Retreat so that will help our finances as well.

I think that's about it for now!

In loving service, Mark R. Fall Retreat 2024 Chairperson

2024 Spring 12-Traditions Retreat:

Hello family hope all is well. I am unable to attend this weekends regional meeting do to being out of the country. My apologies. Things are coming together and going well. With the awesome work of the webmaster we now have flyers And a link on our regional website for information and to register. We are having a fundraiser Jan 20th. Doors open at 4pm. Speaker meetings at 5pm and 6pm. Auction to follow. The location is 529 W second street Xenia Ohio. Hopefully by end of regional meeting today our treasurer will bring copies of our flyers we have made.

The deposit to the park has been paid as well.

Thank you for allowing me to be of service. Amanda

OCNA Advisory Committee Report:

Hello family,

OCNA 40 appears to be in good shape. All committee positions are filled, with the exception of special needs. OCNA 40 currently has \$6,000 in its account. Merchandise and fundraising and entertainment have funding to get started.

OCNA 40 will be held at the Holiday Inn in Independence Ohio. I attended a meeting with the hotel management and committee members to finalize terms. There is a food and beverage minimum of \$10,000 which is subject to 30% service charge and sales tax. There is due \$1,500 for event space, provided that room block requirements are fulfilled. This amount is not subject to tax and service charge. Hotel management was firm but fair given that we were negotiating six months out from the event. They appear to be honest, and I don't anticipate any issues such as what we had with the Hilton for OCNA 39.

I have had regular communication with Adam regarding OCNA 41. I am pleased that we are back on schedule on timing to start preparations for OCNA 41.

Changing gears, there are issues with the OCNA corporation. Joe M. is still listed as the statutory agent and he is identified as a corporate officer with the Ohio attorney general. I left his designation as an officer because I do not have any authority to act on behalf of the corporation, nor will I accept such authority. The issues regarding corporate authority have been raised in my reports on multiple occasions and I will not repeat them here. I am simply informing this service body on how things stand and will leave it to you to act or abstain as you see fit.

ILS, Aaron R.

Old Business

Elections

Adam D. was voted in as Chairperson for OCNA-41 in 2025.

Open Positions

- Public Relations Chairperson
- Vice-Webmaster

Sunday January 14, 2024

Reports

RD/RCM Report:

Hello family, the RD/RCM meeting was filled with hope inspiring help. The bulk of the meeting surrounded disruptive behavior which we all know this is an ongoing matter that will not be resolved today. Let us do our part and keep chipping away.

There was a brief discussion geared toward funding the RD to Fond Du Lac, Wisconsin for the in person MZF January 26, 27, & 28. This is a 7.30-hour drive from Columbus, Ohio and I just don't think I'm up to doing it alone.

BLASCNA – Area convention 1st weekend of February.

COASCNA – post and pass contest which has started December 15 and will run through March 31. You post flyers in your area, pass to another group, and there is a pizza party if you post the most.

The question was posed as to how to approach a meeting that is holding on to a lot of money and not passing it on. The feedback was to ask why they are holding on to the money or ask the area treasurer to itemize donations so all groups that donate will be listed and possibly they will be shamed into giving. It could be suggested that they can make direct donation to region or world to elevate temptation if they for some reason don't want to deal with the area. One Area shared that it is in their guidelines to donate once a year unless go over certain cap. They are a small area, and they only meet quarterly. Another member shared there is a meeting that does taco Tuesday to raise funds and an individual was concerned about what they are doing with the money. To be transparent, one group in Cincinnati kept a spreadsheet that was passed during meeting for anyone concerned.

GCASCNA – Cincinnati is hosting the RSC in April and considering having it right here. Their area wants to do an area inventory to see how they can better serve the fellowship.

HAMASCNA – Activity's is constantly having thing going on. March 9, staying green in recovery. Public relation is the only open position – life is good.

KORASCNA – Having issues with disruptive behavior from those in treatment. Majority of meetings are being completely inundated by treatment. There have been fights in meeting to sex in the bathroom causing meeting to be thrown out of churches. 3 meetings are now on the brink of being thrown out for one, being over the fire code.

It was suggested that they have PR team reach out to facility to address the matter. Another concern is with treatment facilities bringing in several vans full of people, at least 250 with only 15 experienced members at the meeting.

One member shared it could be put in the format stating disruptive behavior is not acceptable. Ask them to stop, ask them to leave, or call the police. It is a privilege to go to outside meetings and threaten to take them away. If able to have non-coed meeting or break meeting down. Communicate with rehab about behavior. Have bathroom door monitored. Went as far as asking not to bring treatment to the meeting. Talk to organization directly and communicate concerns. Get newcomers involved in service. Have members from different areas come down.

The worst thing we can do for a newcomer is make NA feel like where they came from. We need to do our best to protect our members, while respecting their right to make their own decisions. It can be a fine line between being protective and overbearing.

Am I the right person to offer help?

MEASCNA – is having their annual valentine event and all homegroup are doing well. We have real tight nit groups and sponsorship is big. Have area event in March St. Patti's day event is used to pay for summer functions.

MOASCNA – area is really struggling 3 members showed up for last area meeting. Area used to be prosperous and now it's not the same. Tried going around asking for addicts to step up. Hope to have more events to raise money. Trying to figure out how to get groups to area and donate. Called a predecessor out of frustration after having been directed not to chime in on readings. Addict was asked, have you been to an AA meeting which didn't set well.

Take it to the literature also IP 29. Remember when we came in as newcomers. Talk to the person bringing the people to the meeting. Put the disruptive behavior in the format. All experienced members must come together. Ask if you have a sponsor and have you been talking to them. Outreach trying to use different strategies.

PUASCNA – really having problems with disruptive behavior. Crosstalk at the end of meeting and can't regain control on Friday nights. Most newcomers and only one person with clean time trying to real things back. Addict dread going to home group on this day. People in treatment is confusing meetings with their groups and struggling with experienced members coming to this meeting. It is hard feeling you're the only one that gives a shit.

Area level and other area of service is doing well however, courts want to direct people to other places such as mindful meditation classes, church, or yoga classes. Interestingly, we are getting new people all the time. We are having a speaker jam 4/20 which is the biggest event we have starting at 1pm to 8pm.

How addicts apply spiritual principle in their lives. IP a resource for your community is suggested to take to the various facilities.

SASCNA – have a lot of the same problems as everyone else. It was brought to question, how did Motion 2023 to change retreat policy pass and it should have been taken back to groups. Addict was chairperson region when this came into existence and clarified the region have policy and retreats have guidelines. Subject to review by this body and not the retreat. One addict shared as a chair of a subcommittee they wanted to change guideline and was told by area that they make the guidelines.

STACSNA – lost meeting after 38 years at one location. Our struggles are what they are. One individual has members smoking pot and started a bon fire. Treatment won't bring their people because of him. The fellowship is divided and we are at our wits end. Meeting are thriving yet looking to make virtual meeting more.

SVASCNA – area is really growing, coming up on 1 year anniversary on average biggest meeting 200 members. People are realizing NA is more than just meetings. Having trouble coming up with web page.

SOVACNA – just sprung into existence as a need. Area is self-supporting. All literature comes from na.org. main service positions are filled and is not experiencing any problems. Just picked up mason county Kentucky because of the distance to other area. Keep the 1st tradition intact. Consist of Brown, Highland, and Mason County Kentucky.

The following is an email from NAWS, a facility is looking to have H & I come to their facility it reads:

Good afternoon,

Thank you for taking my call. We are a newly opened inpatient addiction treatment center located in Westerville, Ohio (a suburb of Columbus). We are working to make connections in both NA and AA to be able to develop a schedule of members of both groups to come in and be Lead speakers for our patients. Any assistance you are able to provide to help us connect with local NA members or treatment center committee members would be greatly appreciated.

Our physical address is listed below as well as my cell phone number.

Respectfully,

Stacy Burns

Assistant Executive Director

OFFICE LINE: 702-786-9334 Cell: 725-230-1728 EMAIL: Stacy.burns@landmarkrecovery.com
ADDRESS: 690 Cooper Road Westerville, OH 43081

I did forward this message to the H&I vice chair Cody C on November 19, 2023.

Most recently I got an email from Shirley P stating a member wanted to start a new meeting. When I checked, it was close to Dayton, so I reached out to Gary B, by the time he responded I had accidently lost the email. Sorry!

You can find the workshops presented at the MZSS @

https://mzssna.org/workshops/

In loving service, Marvin H

H&I Report:

Thank you for allowing us to use the zoom yesterday evening. We had 5 H&I chairs throughout the region attend and I am hearing back from chairs who were unable to attend but are interested in collaborating.

Last evening we discussed what's going well in each area and things that people were interested in getting feedback on.

We are going to meet virtually again 1-2 weeks before the next region meeting.

I still need contact information for the following area H&I chairs: Greater Cincinnati, MOASCNA, SBASCNA, & Scioto Valley

I sent a report yesterday to the secretary.

Thanks, Emily T 937-266-8383

New Business

Nominations

Lenore P. was nominated for ORSCNA Chairperson. (See PDF attachment of nomination form.)

Motions

- **2024-001** To change all places in policy where the list of areas to reflect the addition of new area (Southern Ohio Valley Area SOVASCNA).
 - Maker Craig S. (SBASCNA RCM)
 - Second Kristian S. (Secretary)
 - Vote 10 For 0 Against 0 Abstain (PASSED)
- **2024-002** To reimburse Eddie for hosting area.
 - Maker Kristian S. (Secretary)
 - Second Violet B. (Vice-Secretary)
 - Vote 12 For 0 Against 0 Abstain (**PASSED**)

Motion to adjourn - PASSED