

Quarterly Meeting Minutes

Date: Saturday October 01, 2022

Note: Some members participated via Zoom.

Meeting was called to order at 10:02 am by David L.

The meeting was opened with a moment of silence followed by the Serenity Prayer.

The 12 Traditions of NA were read by Mattie S.

The 12 Concepts for NA Service were read by Craig L.

The Service Prayer was read by all.

The Daily Meditation was read by Beeman B..

Motions 2022:09, 2022:10	•
& 2022:13 go back to	
groups	

	Roll Call - Regional Service Committee Trusted Servants										
Ref	Service Position	Service Position	Name	Status							
1	ORSCNA Chair	David L.	Р	12	Phoneline Coordinator	Lynette CD.	Р				
2	ORSCNA Vice-Chair	Tammy S.	Р	13	Policy Coordinator	Nonya S.	Р				
3	Regional Delegate	Marvin H.	Р	14	Webmaster	Mark R.	Р				
4	Regional Delegate Alternate	Kirby M.	Р	15	Vice-Webmaster	A.J. S.	Α				
5	Treasurer	TJ G.	Р	16	Fall 12-Step Retreat Chair 2022	David C.	Р				
6	Vice-Treasurer	Sam G.	Α	17	Spring Traditions Retreat Chair 2023	Mike C.	Α				
7	Secretary	Martha B.	Р	18	Convention Chair 2023	Ben L.	Α				
8	Vice Secretary	Kristian	Α	19	OCNA Advisory Committee I	Charles F.	Α				
9	H & I Chairperson	Kathie R.	Α	21	OCNA Advisory Committee II	Aaron R.	Р				
10	Public Relations Chair	Relations Chair <i>Open</i>		22	OCNA Advisory Committee III	Open					
11	Outreach Chairperson	Mattie S.	Р								

	Roll Call - Regional Service Committee Members									
Ref	Area	Name	Status	Ref	Area	Name	Status			
1	BLASCNA	Open		11	MOASCNA	Kristian (RCMA)	Α			
2	COASCNA	*Mark R.	Р	12	MVASCNA	Kim K.	Α			
3	DASCNA	Gary B.	Р	13	NWOASCNA	Open				
4	FRASCNA	Open		14	PUASCNA	Nichole K.	Α			
5	GCASCNA	Devon C.	Р	15	SASCNA	Bridget R. (*Craig S.)	Α			
6	HAMASCNA	Ed C.	Α	16	SBASCNA	Craig L.	Р			
7	KORASCNA	Tilman R.	Р	17	SEOASCNA	Alfred C.	Α			
8	MEASCNA	Beeman	Р	18	STACSNA	Jo D.	Р			
9	MOASCNA	Christina M.	Р	19						
	* Representing	COASCNA			* Representing	SASCNA				

Administrative Committee Reports:

Chairperson: Verbal report

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Vice-Chairperson:

Hey Family.

Thank you all for your patience while I learn how this committee operates. I have desired to attend Area activities, but I have had some previous commitments. I look forward to attending the 12-Step retreat next weekend and plan to bring people with me.

I do not have anything else to report currently.

ILS,

Tammy S.

Vice-chair

Regional Delegate:

Hello family, as I am a living witness, a lot can happen in 90 days. However, I am still standing and willing to serve.

The World Board Conference Participant webinars as of August 20, 2022, focused new proposals from the World Board concerning the future of the WSC. Some form of the following will be in the CAR:

- 1. Using a three-year WSC cycle on a trial basis.
- 2. Hold a virtual interim WSC between the in-person meetings held three years apart.
- 3. Release the English CAR 6 months before the WSC, instead of 5.
- 4. Forming another workgroup comprised of members selected by the Zonal Forums to discuss new things.
- 5. Use opt-in instead of opt-out WSC funding of Regions to the WSC.

Also being considered as CAR motions:

- A. Change "his or her" in Vision of NA Service to "their"
- B. Extend terms of WB member due to expire in 2024 to 2026
- C. Recognize virtual NA meetings as NA groups.
- D. Changes to WCNA schedule and siting.
- E. Translated versions of the Basic Text may include 6 locally developed stories.
- F. Add Zonal Delegates to the FIPT
- G. Revise the FIPT process for inspection requests, per motions in 2020 CAR.

Collaboration of US Zones

The Collaboration of US Zones has completed its preliminary work and has sent a proposal for the Regions to review.

The purpose of the Collaboration of US Zones is to:

- Improve awareness of our zones as assets to local service bodies
- Act as a national communications hub enabling accessible communications within NA and with the public
- Improve our service efforts through technology

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- Improve our Public Relations efforts
- Improve our Fellowship Development and Outreach efforts

This service body would not be a part of the delegation stream between group and world.

It is asked that each region respond to the questions in this survey by December 13, 2022. There is 1 vote per region.

There is also a space in the survey for members to share their thoughts, questions, and comments. https://www.surveymonkey.com/r/R2BXGCN

Another workshop will be held on October 9th, all documents and material developed by the collaborative may be found at:

https://drive.google.com/drive/folders/1KlwtzMHWjSXeqb8v4P5vB-87fpj rLZX?usp=sharing

The Southeast Zonal Forum has invited all US Zones to a virtual CAR/CAT workshop in February 2023.

Important Dates

There is still more work to be done to wrap up the 2020-2023 Conference Cycle.

Two more Conference Participant Web Meeting scheduled for

• 22 October 2022

World Service Conference 2023

• 10 December 2022

The Conference Agenda Report 2023 will be available	30 November 2022
Translated 2023 Conference Agenda Report available	30 December 2022
Deadline for regional material to be	30 December 2022
submitted for inclusion in the CAT mailing	
Conference Approval Track material available	30 January 2023
Regional and zonal report deadline	1 February 2023
Deadline for regional material to be submitted for	1 February 2023
inclusion in the Conference Report	
Amendments to CAR and CAT motions deadline	15 April 2023
and seating motion deadline	
Initial Straw Poll ePoll	As soon as possible after 15 April

World News

The Iran Region has renounced the WSO branch in that country and has decided to print its own literature, presumably the baby blues and grey books. A new region that covers areas in and around Tehran, as well as several areas in the Iran Region, has rebuked the action by the Iran Region. Communications are ongoing.

Price Increase

Effective 1 January 2023, the price of all books and bronze medallions will increase 12%.

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in-person if possible, 30 April - 6 May 2023



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There will be no increase to the current prices of IPs, booklets, key tags, or chips. This feels the most helpful way to show that we are all in this together and to do what we can to ease the burden on groups.

For more information, please see the memo posted at www.na.org/webstore

Publication of The NA Way Magazine has stopped due to financial constraints and operational effects of the Coronavirus pandemic. There will be an update provided to everyone that e-subscribed to a NAWS publication, including the daily Just for Today when the current situation changes.

MZSSNA V

October 13th – 15th, 2023 Doubletree Hotel 5801 Southfield Freeway Detroit, Michigan The 2023 Multi-Zonal Service Symposium

ILS

Marvin H RD

Regional Delegate Alternate: Present, No report

Treasurer: See attached report

Vice-Treasurer: Absent, no report

Secretary:

Good morning, Miracles,

I added information on consensus based decision making to welcome packet. Packets are available for new RCMs. Please send your contact information to secretary@naohio.org.

I updated the Regional contact information at NAWs. Thanks to Dave L. for letting me know our Region was formed in early July, 1981.

I went to KORASCNA's Friendly Valley camp out and it was amazing! I saw a few addicts I already know but met many, many more and had some great conversations. I left Sunday morning feeling spiritually complete and will definitely be back next year! Thank you KORASCNA!

Much Love and Gratitude,

Martha B.

Vice-Secretary: Absent, no report

Regional Committee Member Reports

BLASCNA (Best Little Area): Absent, No report

COASCNA (Central Ohio Area):

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Hello ORSCNA family,

At the COASCNA July ASC meeting I resigned as RCM since I wanted to continue being the Regional Webmaster. At the August ASC meeting Tracy J. – our previous RCM – expressed the willingness to be RCM again. His nomination form went back to the groups, but he was not present at the September ASC meeting to be voted in. At that point I was asked and voted in to represent COASCNA this weekend so that I could make a report and I could bring back any information or details that needed to be communicated to the Area. I hope this body accepts what COASCNA has decided to do.

Here are some details about the Central Ohio Area of NA and its current status:

- We made the following donations to ORSCNA this past quarter:
 - July \$102.00, August \$100.90, September \$136.00
- Our meetings are doing fairly well although as usual there are some meetings that are struggling with attendance and with finding trusted servants.
- The Area Convention (COACNA-30) is moving forward with its planning. Shadena C. is the Chairperson and there are still some positions that need to be filled. The convention will be January 5th-7th, 2024.
- The Area Office was given a budget to purchase some much needed office equipment a new computer and a new printer to be exact. They have also been given a budget to get new carpet and repaint the walls. It has been between 10-15 years since anything has been updated in the office.
- H&I currently has 21 commitments (9 male, 5 female, 7 treatment centers) with 6 more scheduled to start meeting in person again soon.
- Public Relations will be renting a billboard this month in northeast Columbus. The Phoneline and website see a noticeable increase in calls and hits during the times that our billboards are displayed.
- Our website (nacentralohio.org) is converting over to use the region's BMLT meeting server instead of having to manually update the website.
- The Writing Steps for Recovery subcommittee is now connecting inmates with "Step Guides" who will help them work through the Steps. I have brought flyers for anyone to take back to your areas.
- Our Unity Day function on 9/15/22 was a great success. We held an informal Area Inventory and will be developing ideas for how the ASC and its subcommittees can better serve our groups.
- We have a couple of upcoming events see the nacentralohio.org website for flyers & details.
 - o Better Late Than Never's annual Taco Tsunami is 12/2/22 starting at 5pm.
 - o The annual Addithon will be 12/24/22 & 12/25/22.
 - And the annual New Year's Eve event will of course be on 12/31/22.
- Innovations & challenges
 - We have consistently had technical challenges trying to hold the ASC meeting in a hybrid format.
 This past month the groups voted to go back to in person only ASC meetings.
 - With the work being done on the Area Office, we decided to take the area archives & put them
 all in electronic format to be available on the website. The 2 main things will be ASC minutes and
 all of the versions of the Area Policy. While there are a number of missing ASC meeting minutes,
 we have a vast majority of them dating back to the beginning of the COASCNA area which started
 in January of 1982.

Thank you so much for allowing me to serve.

In loving service,

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Mark R. COASCNA Representative

DASCNA (Dayton Area): Present, Verbal report

FRASCNA (Five Rivers Area) Open

GCASCNA (Greater Cincinnati Area) Present, verbal report

HAMASCNA (Hamilton and Middletown Area) Present, verbal report

KORASCNA (Kentucky-Ohio Recovery Area)

21 Groups that facilitate 31 meetings.

6 H&I commitments.

With Area Service positions being amongst the transition of 'The Spirit of rotation' ALL Service positions are being filled by declaration and not participation.

We just hosted Our Areas Premier event. "Friendly Valley", attendance was approximately 1100 total. Where that Clean time may have been into the negative of it was not for Vito L. coming to Share, along with the members he attracted from outside the Area.

(Welcome to the land of treatment, 112 of them in city limits, approximately 75% are substations. 1 treatment for every 600 citizens. F.)

Our next Area level event is being hosted by Our H&I Sub-committee. October 7th. Our Regional H&I Chairperson Kathy will Share her ESH. attachment of flier will be attached to this email.

For Margaret, she is simply that person, unreplaceable.... Thank you for Service.

Tilman R. 740-250-9318

MEASCNA (Mid-East Ohio Area)

PR is doing great. Attended Overdose Awareness Rally. Attended Licking, Muskingum, Guernsey county fairs.

Every county has at least one meeting a week. Newark, Zanesville, and Lancaster all have at least one meeting every day.

H & I is serving two facilities: The Landing at Cedar Ridge with a speaker once a week on Wednesdays and a regular meeting on Thursdays. Meeting at Carin Recovery House every Friday.

Activities is doing great. Annual Camp O'Bannon campout just went down and was great. Tie dye event was wonderful.

Currently planning our annual holiday event for December 10th, 2022.

Annual New Years eve event in planning.

Paper schedules are updated, printed, and handed out at every area service meeting. Also use business cards with QR code that connect directly to the schedule.

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MOASCNA (Mid-Ohio Area) Present, verbal report?

MVASCNA (Miami Valley Area)

Good day, serving as a Miami Valley area of narcotics anonymous RCM, my apologies, I'm feeling under the weather today and will miss seeing all of you! Our area serves Troy, Piqua, Sidney and Greenville. We have 23 meetings on our schedule, unfortunately we have had 3 meetings close, due to lack of commitment. Knowing these things happen, but it was heartbreaking knowing one of the closed meetings mentioned was over 30 years running. We do have a busy PI committee who opened our own local phone line. It's completely automated very easy to use. 937-970-5440, check it out. They are pretty excited about it! H&I are working diligently to get support to go into our other 2 jails, they currently go into Troy Jail on Wednesday nights. Our area is hanging in there but we have important open positions. We are still in need of chair, vice chair and secretary. With less than half of our GSRs showing up for area along with an active PI and H&I using their funds, we are below our prudent reserve and are unable to donate this quarter. My home group, "Back to the Basics" Wednesday night is celebrating their 10th year Halloween Bash (WOOP WOOP OCTO) October 22 the flyer is on the website. Please come and support and see who this year's spooky speaker will be. Our Activities committee has gotten the plans set for our biggest function of the year Gratitude Night, this flyer is also on the website, it's set for November 19th. Please come and share your gratitude...

Again my apologies for not being there with you all, self-care is a must. Wish you all a great positive productive weekend! In loving service Kim K.

NWOASCNA (North-West Ohio Area) Open

PUASCNA (Phoenix United Area)

Hello Family, I'm an addict called Nichole,

The Phoenix United Area has been doing well as a whole! We have been very busy as an area and our sub committees have been busy having meetings to make things happen for our NA community to carry the message to the sick and suffering addicts in Logan County and Champaign County!

There are some changes to some of our groups. Our Wednesday night Urbana "Step-Climbers" meeting has officially shut down and is no longer running. There was a lack of attendance and a lack of members who were willing to be of service and keep the doors open. The group decided that the best decision to make was to shut the doors. Our Indian Lake meetings are no longer on the schedule as well and have shut their doors, due to the same circumstances. Our area now has one meeting every day (aside from Friday which has two on that day) serving both Logan County and Champaign County.

Our PR/H&I subcommittee has hosted one meeting since our last area to discuss what changes can be made in our area to help carry the message further in our area, and we have come up with a solution to distribute more schedules to facilities locally that addicts will be able to see. We are also planning on creating a "Facility Packet" for the facilities where we host our meetings or for the facilities where our schedules are being distributed that are interested in learning more information about Narcotics Anonymous which will include NA IP pamphlets, and NAWS information that is appropriate to send along with the packet.

Our Activities Committee meeting will be holding its next meeting on October 15th, where we will be discussing our next event, "Gifts of the Program Night"! This event was a big hit last year and we are very excited to get started with planning it this year! As soon as we get a set date, time, and location, I will make sure to send

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the flyer over to the Webmaster to post on the ORSCNA website, and it will be posted on the PUASCNA website and Facebook page as well. We are hoping for a great turn out this year!

One thing that our area has been struggling with is attendance at our meetings and sponsorship. We do not have many sponsors with substantial clean time that is able to sponsor members in our area that have worked the 12 steps (other than 2-3 members). Our attendance at meetings has been low, however our atmosphere of recovery has been great at our groups, and we are very thankful for that!

Our area will not be donating at this time. Thank you for allowing me to be of service.

In loving service, Nichole K. PUASCNA RCM

SASCNA (Springfield Area)

Hello Family,

Wanna welcome everyone to the Springfield Area. It's an honor and a privilege to host the regional meeting. Sorry for not getting the info out sooner, but it all worked out.

At this time we have 11 active meetings. Area is growing with a lot of newcomers. We just had our 4th Area Convention and it was a HUGE success. The message was carried and we was able to cover all costs and raise money. We want to lock in date for our next convention as scheduled. We was on track to have out next convention Labor Day Weekend 2024 but because that's the World, we decided to have it Labor Day weekend 2023. September 1, 2 & 3, 2023. We have our first fundraiser is Nov. 12. We will have a flyer for both tomorrow. We can't do this without the support of other Areas.

There was 7 groups at our last Area meeting. We recently nominated and voted in a Literature Chair. It's nice to have books available for the newcomer again.

The Area decided to donate \$500 to OCNA instead of having a fundraiser. We also have a donation of \$1000 to the Region. At this time H & I has 3 commitments.

Thank you for allowing me to be of service,

Craig S.

SBASCNA (Sandusky Bay Area)

Hi Family, we currently serve the Crawford, Erie, Huron, Ottawa, Sandusky areas. Our Area recently voted to meet every other month during the winter; we meet in Norwalk at First Baptist Church at 4:30PM 1st Sunday.

October 23 Find a New Way to Live Group will be hosting their 9th Group Anniversary in

Bellevue with a out of town speaker. October 29th is our Area's Annual Chili Cook off at the Norwalk Reservoir outdoor event with fireplace and out of town speaker. The flyer is posted to our local website www.sbascna.naohio.org and, the Ohio Region Website.

Projects in the works: Poster Drive by PR, a new H&I meeting is in the works, details are still being worked out. We currently have 16 groups with 18 meetings per week. We have no donation at this time.

Craig L.

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SBASCNA RCM

SEOASCNA (South-East Ohio Area) Absent, no report

STACSNA (Stark, Tuscarawas, and Carroll County Area)

Good morning:

STACSNA serves Stark, Tuscarawas, Carroll, Wayne & part of Summit County. STACSNA currently has 18 weekly meetings. One of our meetings continues to utilize the online platform.

Our Area Service meets on the 2nd Sunday of each month and uses hybrid in-person/over Zoom format. We only have one H & I meeting. Our area website can be accessed at STACSNA.org. Most of our Area-level positions are filled. Our openings are H&I chair, Activities chair, and RCM-Alt.

We are sad to report the passing of long-time member, Jim S. He died clean, with 37 years. We are grateful for all of his years of service to the Fellowship.

Quite frankly, our Area continues to struggle. With Jim's passing, the 3 virtual meetings he hosted have folded. We have a grand total of 2 members doing H&I, covering the one H&I meeting we have per week. We did have one recovery meeting in an outlying community reopen, which had shut down during the pandemic.

In good news, our PR committee has been unbelievably busy. Since July, we have exhibited at:

- A 1-day veterans' resources fair in North Canton, organized by the Veterans' Service Commission
- Break the Cycle a bicycle ride and 5K walk addiction awareness event in Wooster, organized by One-Eighty, a social services organization
- Run for Hope a 5K addiction awareness event in Alliance, organized by CommQuest, an addiction recovery & mental health organization
- The Safety, Health & Human Resources fair in Canton, organized by the Stark County Safety Council & the Canton Regional Chamber of Commerce
- A 2-day veterans' resources fair in North Canton, organized by the SAM Center, and
- The Recovery Rally in Wooster, organized by One-Eighty.

We also did our quarterly presentation for the Stark County Drug Court's incoming participants.

We have revamped our trade-show style presentation and are extremely pleased with our new signage.

We do have a \$250 donation for the Region, which was mailed to the Regional PO Box.

Thank you for the opportunity to serve. In loving service,

Jo D.

RCM@STACSNA.org 330-705-2225 – NO TEXTS

Ad-hoc Committee Reports

H & I: Absent, no report

Public Relations: Open position

Phoneline Coordinator: Present, verbal report

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Outreach:

Hello family I'm an addict named Matthew S.

I am well and life is good.

On our last regional meeting in July, I was asked to inquire information about a couple of areas that we think they have been struggling and to find out more information on their situations! I'm in good communications with the south-eastern Ohio area on a regular basis with a couple of members and if they can attend today's meeting. I'm sure they will via video zoom, but conversing with them they are lacking service and support Within their area. They do not have area service meetings and no one is willing to step up to be in RCM. The northwest Ohio area since Covid has taken that area completely out. They only have one meeting with attendance of three people and no one is available to be of service or to be a RCM and They suggested that we remove them from the region.

However, I have visited quite a few areas in the last three months that are thriving with recovery meetings, and fellowshipping. For example I've been to serenity in the woods and friendly Hills; also I've been to other Buckeye regional camping events to To help promote unity within the fellowship.

I have also been thinking about starting up again meeting with other areas outreach chairs just before the regional meetings. I believe we would meet Friday evening 7 PM to 8 PM right before the next regional meeting.

Thank you for allowing me to be of service loving care, Mattie

Webmaster: (See attachments for Web Statistics)

Hello ORSCNA family,

First, an update on the VERY alarming email from a woman named Barb last quarter. Another email was sent on 7/10/22 that she was going to kill herself. This one included a phone number. AJ was the first to call the phone number and found out that this woman's ex-husband had hacked her account and was sending these emails – so it turns out that it was all a hoax.

Here are some other things that were completed over the last quarter:

- The issue with the Retreat storage unit has been resolved. I met someone from a local hardware store who cut off the old lock and I put on the new combination lock. I also got a new access card and gave that to Jerry O.
- I worked with GFS to get our Retreat account and our credit status straightened out. Our contact is Olivia Mahan. We need to order our food through her so that everything is processed correctly. I sent all of those details to David and Craig and they will pass them on to the new Chairpersons.
- AJ created the OCNA-39 website and registration pages. I have made a few other changes as requested by the OCNA-39 committee members. The URL is https://ocna39.naohio.org.
- AJ had been handling all of the BMLT stuff, but there were a couple of meeting change/removal requests
 that came in while he was on vacation so I jumped in and was able make those changes. I was able to
 connect with NAWS's database administrator and some of the main people involved with creating and
 maintaining the BMLT software. So I now feel comfortable with pretty much all aspects of our websites.
- As directed by RSC last quarter, I added more files to the Minutes Archives page. We now have files going back to the beginning of 2020. If there is a need to go back even farther, we can do that.

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- I created NA Ohio email addresses for the remainder of the regional trusted servants. I sent instructions to those addicts for how to set up access both from a computer and from a phone. I will follow up with those people today to make sure that they were able to access the accounts.
 - o chairperson@naohio.org (for Dave & Tammy to use)
 - o treasurer@naohio.org (for TJ & Sam to use)
 - rd@naohio.org (for Marvin & Kirby to use)
 - o ocnaac@naohio.org (for Aaron & Charles to use)
 - o policy@naohio.org (for Nonya to use)
- I created a new fillable PDF form for the Regional Motion form that we use. It is available on the Documents page with the other forms. If there are other forms that you want me to convert, please let me know
- As always, lots of flyer updates and other requests for changes to the website.
- I emailed the Host Gator invoices to TJ & Sam.
- I have put together the website statistics for the NAOhio website, the BMLT website, the Retreats website, and the new OCNA-39 website. I will review those after my report.

I am still trying to get updated contact information for the following 2 subdomains so I know who to contact if there are ever any issues.

- korascna.naohio.org <u>iqduncan80@gmail.com</u> (<u>not sure who this is</u>)
- meascna.naohio.org <u>Brandon.p.honaker@gmail.com</u> (not sure who this is)
- For the BMLT contacts, I have made some progress in verifying each Area's contact person. Each area should have a single person who is accountable for updating their Area's meeting information on the BMLT server. Below are the current contact details that we have.

BMLT Areas

• BLASCNA Tom B.

• COASCNA Chris H. (verified)

DASCNA Steve H.FFASCNA Joe G.FRASCNA Daniel ?

GCASCNA Fred F. (verified)
 HAMASCNA Adam D. (verified)

KORASCNA
MEASCNA
MOASCNA
MVASCNA
AJ S.
Bob G.
Kirby M.
Jon D.

NWOASCNA Jon D. (verified)

PUASCNA none
 SASCNA Roger C.
 SBASCNA none
 STACSNA none
 Meetings Not with an Area none

As always if anyone has any flyers or meeting updates, sees any issues with the websites, or has any requests to add/change/remove content, please email webmaster@naohio.org.

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Thank you so much for allowing me to serve.

In loving service, Mark R. ORSCNA Webmaster

Policy Coordinator: Verbal report

OCNA AC:

Hello family,

I am happy to report that the OCNA Advisory committee has a new member from the Buckeye region—Barry B. We have spoken several times in the last couple of months and are happy that we have representatives from both regions on the committee.

I have not had an opportunity to attend an OCNA committee meeting since our last regional meeting. However I have communicated with the chair and vice chair and all appears to be moving forward as it should.

ILS,

Aaron

OCNA 39 Convention Chairperson 2023: Absent

Agenda

Artwork, Registration flyers, receipt books, credit card information, unity excitement committees working together. New meeting times and locations. Vendor contracts.

ORSCNA 12 Step Retreat (Fall) 2022:

Hello family, it's a great day to be clean! I hope life finds everyone healthy and happy. It is a pleasure to report that the 12-step retreat will be next weekend and is ready to go thanks to a lot of hard work and dedication from my wonderful committee.

I must let the committee know that my availability for next weekend might be greatly limited. My teenage daughter is pregnant, and her doctor has decided that if she hasn't given birth to my daughter by Friday, she plans to induce her that morning, but still doesn't think the baby will come right away. With that being said, recovery has taught me to be responsible and to be there for my family. I will make sure everything is in place for the retreat but will have to return home to get to the hospital Friday morning to be by her side. I will return to Tar Hallow as soon as time and events allow me. My committee and vice-chair will be able to ensure the event goes on without a hitch in my absence. But still pray for a healthy baby that could show up any day before then naturally so I can get the best of both worlds!

Our storage facility locker has a new lock in place, a special thanks to Mark Roberts for meeting the locksmith at the locker to facilitate cutting the old lock off and having a new code key placed. He was reimbursed out of retreat funds for the new lock due to the lost key.

Speaking of retreat funds, this brings me to my next item of importance. Our current checking account for the retreat is currently with 5/3, but they charge us an \$11 monthly maintenance fee for a balance that drops below \$3500. The committee has discussed different options to avoid these funds, including finding a new bank that doesn't impose fees, and we also discussed raising our prudent reserve to \$3800 in order to keep the balance

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above the needed threshold. This would allow us to pay for all services as we raised funds through the year, while avoiding any service charges. In reviewing the retreat guidelines, I didn't see it listed anywhere that our prudent reserve was \$1800, but that is knowledge of the committee. I wanted to bring it before this body for discussion and guidance as we are a subcommittee of ORSCNA and want to manage our accounts in accordance with the needs of the Region.

Thanks for the opportunity to be of service to this body and the Ohio Region.

In loving service,

David C.

Spring Traditions Retreat (Spring) 2023:

Things are going well. Filling the committee, still looking for a Vice-Chair.

Trying to contact Steve C. to receive a report from outgoing Treasurer.

Need information to open new account under Regional EIN number.

Thanks for letting me serve,

Mike C.

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Quarterly Meeting Minutes

Date: Saturday July 10, 2022

Note: Some members participated via Zoom.

Meeting was called to order at 10:00 am by David L.

The meeting was opened with a moment of silence followed by the Serenity Prayer.

The 12 Traditions of NA were read by Devon C.

The 12 Concepts for NA Service were read by Beeman B.

The Service Prayer was read by all.

The Just for Today Daily Meditation Day was read by Kirby M.

	Roll Call - Regional Service Committee Trusted Servants										
Ref	Service Position	Name	Status	Ref	Service Position	Name	Status				
1	ORSCNA Chair	David L.	Р	12	Phoneline Coordinator	Lynette CD.	Р				
2	ORSCNA Vice-Chair	Tammy S.	Р	13	Policy Coordinator	Nonya S.	Р				
3	Regional Delegate	Marvin H.	Р	14	Webmaster	Mark R.	Р				
4	Regional Delegate Alternate	Kirby M.	Р	15	Vice-Webmaster	A.J. S.	Α				
5	Treasurer	TJ G.	Р	16	Fall 12-Step Retreat Chair 2022	David C.	Α				
6	Vice-Treasurer	Sam G.	Α	17	Spring Traditions Retreat Chair 2023	Mike C.	Р				
7	Secretary	Martha B.	Р	18	Convention Chair 2023	Ben L.	Α				
8	Vice Secretary	Kristian S.	Α	19	OCNA Advisory Committee I	Charles F.	Α				
9	H & I Chairperson	Kathie R.	Α	21	OCNA Advisory Committee II	Aaron R.	Α				
10	Public Relations Chair	Open		22	OCNA Advisory Committee III	Open					
11	Outreach Chairperson	Mattie S.	Р								

Roll Call - Regional Service Committee Members									
Ref	Area	Name	Status	Ref	Area	Name	Status		
1	BLASCNA	Open		11	MOASCNA	Kristian (RCMA)	А		
2	COASCNA	*Mark R.	Р	12	MVASCNA	Kim K.	А		
3	DASCNA	Gary B.	Р	13	NWOASCNA	Open			
4	FRASCNA	Open		14	PUASCNA	Nichole K.	Р		
5	GCASCNA	Devon C.	Р	15	SASCNA	Bridget R. (*Craig S.)	А		
6	HAMASCNA	Ed C.	Р	16	SBASCNA	Craig L.	Р		
7	KORASCNA	Tilman R.	Р	17	SEOASCNA	Alfred C.	Α		
8	MEASCNA	Beeman	Р	18	STACSNA	Jo D.	Р		
9	MOASCNA	Christina M.	Р	19					
* Representing COASCNA					* Representing	g SASCNA			

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Quarterly Meeting Minutes

RCM/RD Meeting: RD

I can honestly say this weekend has been quite an experience; talk about having fun in recovery! Thanks, ORSCNA family!!

Per suggestion of Dave L, we discussed issue surrounding April and October 2023 RSC due to Easter falling on the second weekend and of course the retreat in October. One addict shared Easter is an outside issue and should not be considered and follow policy.

As for RSC rotation Sandusky Bay stated the willing to host in April 2023 due to Southeast Ohio's lack of participation. Craig will be submitting a motion to suspend policy to eliminate holiday conflict.

Per Mattie's contact, SEOASCNA wish to be scratched from rotation.

Dayton (DASCNA) will move up to host July 2023 RSC

Collaboration of US Zones

As reported in yesterday's report: The Collaboration of US Zones has completed its preliminary work and has sent a proposal for the Regions to review.

The purpose of the Collaboration of US Zones is to:

- Improve awareness of our zones as assets to local service bodies
- Act as a national communications hub enabling accessible communications within NA and with the public
- Improve our service efforts through technology
- Improve our Public Relations efforts
- Improve our Fellowship Development and Outreach efforts

This service body would not be a part of the delegation stream between group and world.

It is asked that each region respond to the questions in this survey by December 13, 2022. There is 1 vote per region.

There is also a space in the survey for members to share their thoughts, questions, and comments.

https://www.surveymonkey.com/r/R2BXGCN

- 1. Rocky Mountain Zonal Forum
- Midwest Zonal Forum
- 3. Northeast Zonal Forum
- 4. Autonomy Zonal Forum
- 5. Southeast Zonal Forum
- 6. Southern Zonal Forum

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- 7. Plain States Zonal Forum
- 8. Western States Zonal Forum

Survey questions

Do you support the zones of the US forming a service body to collaborate?

In line with what we are doing

Yes - support

Share your thoughts, comments, questions, and concerns

Mattie says southeast zonal forum has contacted about

Would you like a response from the US Zones Task Team?

Yes

Area's Input

BLASCNA - Not Present

COASCNA - Mark R represented

DASCNA - Nothing

FFASCNA - not in existence

FRASCNA - Not Present

GCASCNA Devin, new members with inexperience. Anonymous survey to go to rooms to see how the area can serve. Lack of GSR's at area. GSR info packet.

Area been growing. Got new secretary and know its important. Having fresh blood with new ideas

Survey says they are satisfied how area is serving groups

Still struggle with GSR support

Looking to come up with GSR packet

KORA - Not Present

MEASCNA Angel - would like to be reconsidered for hosting OCNA. They did not get a chance to vote to host. ,2023 is in Columbus, 2024 Buckeye region, 2025 Cincinnati. (needs chair nomination by October 2023)

Beeman – going well had elections in July some step down but others stepped up

Trying to hit all counties with information tables get supported

Talked about Hosting OCNA 2025

Area outreach goes to meetings to see what's going on

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Shoots fired at mattie about outreach efforts-encouraged to show up and bring back concrete information even if gathered by phone – how can RSC better server them.

MOASCNA

H&I doing great had covid outbreak Marion general

North Central Correction

Crossway in tiffin

Most all positions are filled

Member estranged came to communicate issue and it was corrected and was like a healing process

Looking for ways to make area better

MVASCNA – Not Present

NWOASCNA - Not Present

PUASCNA

Nicole – doing good supporting area and groups

Attendance is a big issue where 12 addicts is a big group

Service workers are down and trying to find ways to make attractive

Tragic when meeting shut down, but it happens 3 have shut down

Do not have manpower or requirements to go into jails

Distribute schedules into different places, jails, laundromats, library

Kelab-agree with mattie to make calls

SASACNA - Not Present

SBASCNA

Would be best to move April RCS due to holiday confliction to be voted on

SEOASCNA – Not Present

STACSCNA our area has been offended this past week; 5 home group members were kicked out. separated meetings were happening, not hybrid. Divided in person and zoom. Now there is 2 separate meetings instead of one.

Need to talk to Mark R

Attendance is still struggling since pandemic

Individual causing trouble in area

H&I struggling which is accessible to limited few

Meeting schedules are most requested items at food banks.

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7' retractable banners with QR code

Start setting up with help fairs and how to find out in advance

Suggested = County health departments and local hospitals

One of the common themes that plagues the better part of our fellowship is around service; for this reason, RCM'S are encouraged to share with your areas about the Multi Zonal Service Symposium. This event put on service related workshops sharing best practices.

MZSSNA V

October 13th - 15th, 2023

Doubletree Hotel

5801 Southfield Freeway

Detroit, Michigan

The next Regional Meeting

Hosted by MOASCNA

January 14&15, 2023

Hotel info: Comfort Inn

256 James Way

Marion, Ohio 43302,

(740) 389-5552

Amenities include Hot Tub and Pool Bring suits and get some relaxation time

Reservation Code: ORSCNA

Room Rate: \$79+tax

Reservations Cut-off Date: 12/26/2022

In loving service

Marvin H

New Business:

1. Nominations for open positions (See attachments):

Motions presented (See attachments): Motions 09, 10 & 13 go back to groups

Motion to close at 1:00 pm.

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Next RSC meeting: January 14th & 15th, 2023 Hosted by MOASCNA

Check the website (naohio.org) for the flyer.

Please send reports to secretary@naohio.org

Minutes respectfully submitted by Martha B., ORSCNA Secretary

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